

momentor



An online personal development planning platform to support the transfer of learning into actual behaviour change.

We work with managers and leaders to identify their 'Moments of Truth' – the few things about their behaviour, or style, which they find themselves repeating time and time again. It is those 'Moments of Truth' which will either determine our success or explain our failure.

We are passionate about enabling individuals to start doing just one or two things differently to become more effective. We know this doesn't happen overnight! Behaviour change takes deliberate, ongoing and varied practice.

Introducing Momentor!

Momentor is an online personal development planning platform to support the transfer of learning into actual behavior change, utilising the latest science of habit change.

How it works

1. Choose

a development area and set a goal.

2. Access

recommended resource aligned to your goal (from an extensive resource library).

3. Create

a practice plan and invite a support network of goal mentors.

4. Keep going!

Momentor will send you gentle nudges to keep you on track.

5. Request

feedback on how you're doing, using goal evaluation, so you know it's working!

what's in it for you?

- ✓ Translates the insight from your learning interventions.
- ✓ 24/7 support, for 12 months, long after we've gone.
- ✓ Access anywhere, anytime, via any platform (mobile, tablet etc).
- ✓ Maintains motivation from regular feedback/ progress checks.

what's in it for the organisation?

- ✓ Peace of mind – employees receive 12 months of targeted support.
- ✓ Tangible individual & group metrics - focussed on actual behaviour change.
- ✓ Sustained learning & improvement long after a development intervention.
- ✓ Measurement of continual improvement across individuals, groups & the whole organisation.
- ✓ Insight into continuous, individual development activity.
- ✓ Enhanced staff motivation.
- ✓ Advanced reporting which is easy to access and interpret.
- ✓ ROI evaluated at the behavioural level across all participants at the end of a programme (& by a single question in the Coaching Process Evaluation).